### Type 1 Opt-out (opting out of NHS Digital collecting your data)

NHSD will not collect data from GP practices about patients who have **registered a Type 1 Opt-out with their practice**. More information about Type 1 Opt-outs is in the [GP Data for Planning and Research Transparency Notice](https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/general-practice-data-for-planning-and-research/transparency-notice), including a form that you can complete and send to your GP practice.

**This collection will start on 1 September 2021** so if you do not want your data to be shared with NHS Digital, please register your Type 1 Opt-out with your GP practice by**1 September 2021**.

If you register a Type 1 Opt-out after this collection has started, no more of your data will be shared with NHSD. They will however still hold the patient data which was shared before you registered the Type 1 Opt-out.

If you **do not want NHS Digital to share your identifiable patient data with anyone else** for purposes beyond your own care, then you can also register a National Data Opt-out.

### National Data Opt-out (opting out of NHS Digital sharing your data with other organizations)

NHSD will collect data from GP medical records about patients who have registered a National Data Opt-out. The National Data Opt-out applies to identifiable patient data about your health, which is called confidential patient information.

NHS Digital won’t share any confidential patient information about you - this includes GP data, or other information, such as hospital data - with other organisations, unless there is an exemption to this.

To find out more information and how to register a National Data Opt-Out, please read NHSD [GP Data for Planning and Research Transparency Notice](https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/general-practice-data-for-planning-and-research/transparency-notice).

= <https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/general-practice-data-for-planning-and-research/transparency-notice>

Dear

The data held in your GP medical records is shared with other healthcare professionals for the purposes of your individual care. It can also be shared with other organisations to support health and care planning and research.

If you do not want your personally identifiable patient data to be shared outside of your GP practice for purposes except your own care, you can register an opt-out with your GP practice. This is known as a Type 1 Opt-out.

**You may also wish to register a National Data Opt-out which is not done at GP practice level;** for this, you must contact NHS Digital - more information about the National Data Opt-out is here: <https://www.nhs.uk/your-nhs-data-matters/>

You can use this form to:

* register a Type 1 Opt-out, for yourself or for a dependent (if you are the parent or legal guardian of the patient) (to **Opt-out**)
* withdraw an existing Type 1 Opt-out, for yourself or a dependent (if you are the parent or legal guardian of the patient) if you have changed your preference (**Opt-in**)

### This decision will not affect individual care and you can change your choice at any time, using this form. This form, once completed, should be sent to your GP practice by post.

**Details of the patient**

| **Title** |  | | | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Forename(s)** |  | | | | | | | | | |
| **Surname** |  | | | | | | | | | |
| **Address** |  | | | | | | | | | |
| **Phone number** |  | | | | | | | | | |
| **Date of birth** |  | | | | | | | | | |
| **NHS Number (if known)** |  |  |  |  |  |  |  |  |  |  |

**Details of parent or legal guardian**

If you are filling in this form on behalf of a dependent e.g. a child, the GP practice will first check that you have the authority to do so. Please complete the details below:

| **Name** |  |
| --- | --- |
| **Address** |  |
| **Relationship to patient** |  |

#### Your decision

**Opt-out**

I do not allow my identifiable patient data to be shared outside of the GP practice for purposes except my own care.

**Withdraw Opt-out (Opt back in)**

I do allow my identifiable patient data to be shared outside of the GP practice for purposes beyond my own care.

**(You would only use this if you have previously opted out)**

### Your declaration

I confirm that:

* the information I have given in this form is correct
* I am the parent or legal guardian of the dependent person I am making a choice for set out above (if applicable)

**Signature**

**Date signed**

**When complete, please post or send by email to your GP practice.**

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**For GP Practice Use Only**

| Date received |  | |
| --- | --- | --- |
| Date applied |  | |
| Tick to select the codes applied | **Opt – Out - Dissent code:**  9Nu0, XaZ89 (827241000000103 |Dissent from secondary use of general practitioner patient identifiable data (finding)|) |  |
|  | **Opt – In - Dissent withdrawal code:**  9Nu1, XaZ8A (827261000000102 |Dissent withdrawn for secondary use of general practitioner patient identifiable data (finding)|)] |  |