## Time to Treat our Carers

TuVida Volunteer Service would like to invite
Male Carers, Older Carers & Working Carers back out
into the community for fun and exciting events with
funding from Carers Trust.

## **Male Carers**

**Adventure Golf | Calverton | 1st October 2021** 

18-Hole Adventure Golf Course with time for a tasty bar meal and a drink in good company.

## **Working Carers**

Newark Theatre | Macbeth | 30th September Retford Theatre | Mad about the Musicals | 9th October

A powerful play set in the dark ages from William Shakespeare or a relaxing 2 hours of songs from the greatest musicals.

## **Older Carers (age 55+)**

Kitty Cafe | Nottingham City | 28th September Mansfield Theatre | Lollypops & Moptops | 13th October

A relaxing café with cute cats, good food and happy people or a nostalgic trip for all the '50's & 60's music' fans.

To book places please contact us on: 078609 57700 or volunteer@tuvida.org

Nottinghamshire
Volunteer Service

